



YES Newsletter—February 2022

Get to know your YES Clinical Committee Member: Ashley Brissette, MD

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Do you have an OR quirk? I always listen to music when operating. To be honest, I don't actually really hear it while I'm in the midst of operating, but it's great to keep the energy up for the team. I'll often let the nurses pick the playlist. Sometimes the patients will even request a song to put them at ease.

How do you unwind after a stressful day? I'm a big proponent of ergonomics for ophthalmologists because of the high rate of work-induced musculoskeletal issues among our profession, so after the OR or a busy day in clinic, I'll head to yoga or do a workout to get my body moving and stretching.

If you could only eat one food for the rest of your life what would it be? I have a bit of a sweet tooth, so it's candy or pastries all the way.

What is the most unique place you've traveled/visited? I did a week-long sailing trip through the islands of Indonesia. Lots of interesting wildlife and sea creatures.

Who is your hero – in ophthalmology or personally? All the pioneering women in ophthalmology that paved the way for my and future generations of female ophthalmologists and entrepreneurs. I'm so inspired by how hard they worked to change the landscape of our field. Also the women in ophthalmology today who raise each other up, as mentors, sponsors, and friends.

What's your favorite movie? I'm not a big movie fan, but some of my favorite books are *Hornet Flight* by Ken Follett, *All The Light We Cannot See* by Anthony Doerr, and *The Alchemist* by Paulo Coelho.

Register for the ASCRS Annual Meeting in Washington, D.C.

YES members are eligible for complimentary and discounted registrations

Registration is open for the [2022 ASCRS Annual Meeting](#), taking place in Washington, D.C., April 22–26, 2022. Registration is complimentary for U.S. and international residents and for U.S. fellows; it is discounted for U.S. physicians within their first 5 years of practice.

YES-specific programming includes Skills Labs on Friday, April 22, a full day of targeted learning and networking on Saturday, April 23, and other events throughout the meeting. [Check this page](#) regularly for updates and new YES content at the Annual Meeting. Find more program details in the [2022 ASCRS Annual Meeting Preview Program](#).



YES Connect Dinners with Industry

In an upcoming *EyeWorld* article, ASCRS YES Clinical Committee Chair Zaina Al-Mohtaseb, MD, and others, describe the mutually beneficial relationship that ophthalmic surgeons can have with industry partners. But how are these relationships forged?

Find out and learn more about the benefits of your ASCRS membership, the ins and outs of working with industry, work-life balance, leadership skills, global health, and more at the upcoming [YES Connect Dinners with Industry](#) at the ASCRS Annual Meeting. These official ASCRS YES dinners offer attendees the opportunity to learn all this and have open discussions with YES Clinical Committee members and industry representatives.

These complimentary events, featuring a cocktail hour and a seated dinner, will take place Friday, Saturday, and Sunday from 5:30–7:30 p.m. ET, but space is limited! [Reserve your space now!](#)

Note: You must be [registered for the ASCRS Annual Meeting](#) to attend one of these dinners. You must also be a resident, fellow, or surgeon within your first 5 years of practice. Please register for only one dinner.

ASCRS FUN FACT: Did you know 25% of registered attendees of the Annual Meeting are YES members? Hope you're among them! If not, register now!

Sign Up for Labs and Mentor Meetups!

Even if you've registered for the [ASCRS Annual Meeting](#), there are two onsite YES activities with specific sign ups!

- [YES Skills Labs](#): Phaco Lab, Anterior Segment Surgery Lab, and DMEK/DSAEK Lab take place Friday, April 22. Be sure to register [here](#).
- [Mentor Meetups](#): Mentor Meetups are informal, open discussions with ASCRS leadership and legacy members in the ASCRS Tap Room Sunday, April 24, and Monday, April 25, from 11:30 a.m.–12:00 p.m. and 1:00–1:30 p.m. Sign up when you register for the meeting [here](#).

Learn more about the Annual Meeting and these opportunities [here](#). It's going to be monumental!

Don't forget to share that you're attending and what you're excited about with the official meeting and YES hashtags: #ASCRS2022 and #ASCRSYES

Educational and Networking Opportunities with ASCRS

YES Connect Webinars: The next installment of the YES Connect Webinar series will be available Friday, **February, February 25**. In “Good to Great Surgeon: Complicated Cases” with Joey Hsia, MD, Beeran Meghpara, MD, Manjool Shah, MD, and Arsham Sheybani, MD, residents and fellows will present challenging case videos to talk through with the panel. Find all the YES Connect webinars [here](#).

Beyond 20/20: An ASCRS Series in Modern Refractive Surgery and Presbyopia Therapy: [Beyond 20/20](#) is a new ASCRS series sponsored by the Refractive Surgery Clinical Committee. This four-module program features three live modules online and one (the fourth and final) module in person at the ASCRS Annual Meeting. All modules are being recorded for on-demand viewing. [Learn more](#) about the series and [register](#). *Registration is complimentary for U.S. and international residents and U.S. fellows.*

ASCRS Grand Rounds: [ASCRS Grand Rounds](#) returns on February 28 with presentations from NYU Langone Health Department of Ophthalmology. Look for it soon and find past recordings [here](#).

Ophthalmology Quicksand Chronicles Podcast: [Ophthalmology Quicksand Chronicles](#), an ASCRS podcast hosted by Nicole Fram, MD, and Elizabeth Yeu, MD, is preparing for Season 2, which will be eligible for CME credit. Stay tuned for new episodes starting in March. Find archived episodes of [Season 1](#) available on the ASCRS website (log in with your ASCRS ID to view).

Helpful Links and Resources:

[ASCRS YES Membership](#)

[ASCRS Clinical Education](#)

[ASCRS Online Tools](#)

[ASCRS Annual Meeting](#)

Official YES Hashtag: #ASCRSYES